

2% MILK AVAILABLE

ELECTRA SERVICE CORPORATION

MARCH 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>CDH-2/12 1</p> <p>Salmon Patty Baby Lima Beans Cole Slaw Cornbread Tropical Fruit</p>
<p>CDH WK 3 Day 4 4</p> <p>Charbroiled Ground Beef w/ Peppers &amp; Onions Garlic Mashed Potatoes Beets, Wheat Roll Mandarin Oranges</p>	<p>CDH WK 3 Day 2 5</p> <p>Polish Sausage Pinto Beans Coleslaw Cornbread Peaches</p>	<p>CDH WK 3 Day 1 6</p> <p>Chicken &amp; Rice Black-Eyed Peas Carrots Wheat Roll Fruit Cocktail</p>	<p>CDH WK 3 Day 3 7</p> <p>Beef Stew Turnip Greens Cornbread Black Forest Parfait</p>	<p>CDH WK 3 Day 5 8</p> <p>Tuna Casserole English Peas Chuckwagon Corn Wheat Roll Applesauce</p>
<p>2011-03 11</p> <p>Barbeque Chicken Filet Baked Potato w/ Sour Crm Mixed Vegetables WW Roll Mandarin Oranges</p>	<p>CDH 3-11 12</p> <p>Pork Chop Black Eyed Peas Spinach Salad Cornbread Baked Apples</p>	<p>2011-33 12</p> <p>Spaghetti &amp; Meatballs Spinach Salad Whole Wheat Roll Honey Dew Melon</p>	<p>CDH 3-12 14</p> <p>Taco Pie w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup</p>	<p>2011-12 15</p> <p>Cheeseburgers Potato Wedges Tomato, Lettuce, Onion &amp; Pickles Melon Medley</p>
<p>2011-04 18</p> <p>Chicken &amp; Dumplings w/ Peas Tossed Salad Wheat Roll Fruit Cup</p>	<p>CDH 1-11 19</p> <p>Chicken Tenders w/ Gravy Garlic Mashed Potatoes Turnip Greens WW Roll Mandarin Oranges</p>	<p>2011-15 20</p> <p>Mushroom Steak Mashed Potatoes Peas &amp; Carrots, WW Roll Emerald Pears</p>	<p>CDH 7-11 21</p> <p>Chicken Spaghetti Carrots Zucchini WW Roll Bananas &amp; Vanilla Pudding</p>	<p>CDH 5-11 22</p> <p>Lemon Tilapia Coleslaw Hushpuppies Corn Cherry Crisp</p>
<p>CDH WK 5 Day 3 25</p> <p>Salisbury Steak w/ Gravy Mashed Potatoes Cauliflower &amp; Broccoli Wheat Roll Apricots</p>	<p>CDH WK 5 Day 4 26</p> <p>Sweet &amp; Sour Chicken Rice w/ Sugar Snap Peas Stir-Fry Vegetables Wheat Roll Lazy Cake</p>	<p>CDH WK 5 Day 1 27</p> <p>Chopped BBQ on a Bun Pinto Beans Grandma's Potato Salad Mandarin Oranges</p>	<p>CDH WK 5 Day 5 28</p> <p>Salmon Patty Baby Lima Beans Cole Slaw Cornbread Tropical Fruit</p>	<p>CDH WK 5 Day 2 29</p> <p>Chicken Fajitas Fajita Vegetables Chuckwagon Corn Spanish Rice Fruit Cocktail</p>

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00