



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 2011-12 1 Cheeseburgers Sliced Tomatoes, Onion, Lettuce & Pickles Potato Wedges Melon Medley | CDH 1-11 Chicken Tenders w/ Gravy Mashed Potatoes Mixed Squash Wheat Roll Mandarin Oranges | 2011-13 3 Chicken Fried Steak Mashed Potatoes w/ Gravy Corn Okra Pumpkin Square | CDH 4-12 4 Chicken A La King w/ Rice Spinach Mushroom Salad California Blend Vegetables Wheat Roll Chocolate Chip Cookie | 2011-19 5 Homestyle Lasagna Garlic Bread Brussels Sprouts Pears |
| 2011 - 25 8 Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Wheat Roll Fruit Cocktail | 2011-19 9 Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadsticks Country Apple Crisp | 2011-15 10 Chicken Teriyaki Fried Rice Stir Fried Vegetables Strawberries & Bananas | 2011 - 16 11 Creamy Mushroom Steak Mashed Potatoes Peas & Carrots WW Roll Emerald Pears | CDH WK5 Day 1 12 Cheeseburgers Sliced Tomatoes, Onion, Lettuce & Pickles Potato Wedges Melon Medley |
| 2011-04 15 Chicken & Dumplings Tossed Salad Peas Wheat Roll Winter Fruit Cup | 2011-28 16 Roast Pork Chops Sweet Potatoes Succotash Wheat Roll Banana Pudding | 2011-26 17 Rigatoni w/ Meat Sauce Garlic Bread Tossed Salad Peach Chantilly | 2011-03 18 BBQ Chicken Filets Baked Potatoes Mixed Vegetables Wheat Roll Mandarin Oranges | 2016-8 19 Red Beans & Rice Oven Fried Okra Cole Slaw Garlic Toast Vanilla Pudding |
| CDH WK3 Day 4 22 Charbroiled Beef Patty w/ Peppers & Onions Garlic Mashed Potatoes Beets, Wheat Roll Mandarin Oranges | CDH WK3 Day 3 23 Beef Stew Turnip Greens Corn Bread Black Forest Parfait | CDH WK3 Day 1 24 Chicken & Rice Black-Eyed Peas Carrots Wheat Roll Fruit Cup | CDH WK3 Day 2 25 Polish Sausage Pinto Beans Coleslaw Cornbread Peaches | CDH WK3 Day 5 26 Tuna Casserole Surprise English Peas Chuckwagon Corn Wheat Roll Applesauce |

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00

