

2% MILK AVAILABLE

ELECTRA SERVICE CORPORATION

AUGUST 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2011-13 2</p> <p>Chicken Fried Steak Mashed Potatoes w/ Gravy Okra, Corn Pumpkin Square</p>	<p>2011-25 3</p> <p>Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Fruit</p>	<p>2011-36 4</p> <p>Taco Salad w/ Corn Chips Seasoned Corn Watermelon Peach Crisp</p>	<p>BEK 2016-12 5</p> <p>Baked Potato w/ Chili & Cheese Broccoli Cinnamon Apples</p>	<p>2011-12 6</p> <p>Cheeseburgers Potato Wedges Tomato, Lettuce Pickles & Onion Melon Medley</p>
<p>BEK WK 2 DAY 1 9</p> <p>Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Wheat Roll Fresh Fruit</p>	<p>BEK WK 2 DAY 5 10</p> <p>Charbroiled Chicken on a Bun Tomato, Lettuce, Onion Sweet Potato Fries Bananas & Fruit</p>	<p>BEK WK 2 DAY 4 11</p> <p>Pork Chops Black-Eyed Peas Spinach Cornbread Baked Apples</p>	<p>BEK WK 2 DAY 3 12</p> <p>Chicken Salad on Lettuce Chunky Fruit Wheat Bread Tomato, Onion & Pickles Chocolate Chip Cookie</p>	<p>BEK WK 2 DAY 1 13</p> <p>Chicken Enchiladas Spanish Rice / Salsa Pinto Beans w/ Crackers Cinnamon Pears</p>
<p>2011-35 16</p> <p>Swedish Meatballs Parsley Noodles Mixed Vegetables WW Roll Angel Food w/ Strawberries</p>	<p>2011-19 17</p> <p>Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp</p>	<p>CDH 9-11 18</p> <p>Barbeque Beef w/ Sauce Smothered Potatoes Pinto Beans Wheat Bun Apricots</p>	<p>CDH-4-12 19</p> <p>Chicken ala King w/ Rice California Blend Vegetables Spinach Mushroom Salad Garlic Bread Chocolate Chip Cookie</p>	<p>2011-36 20</p> <p>Taco Salad w/ Corn Chips Seasoned Corn Watermelon Peach Cobbler</p>
<p>CDH 1-11 23</p> <p>Chicken Tenders w/ Gravy Garlic Mashed Potatoes Turnip Greens WW Roll Mandarin Oranges</p>	<p>2011-33 24</p> <p>Spaghetti & Meatballs Spinach Salad Garlic Bread Honey Dew Melon</p>	<p>BEK 2016 7-1 25</p> <p>Italian Chicken Herbed Red Potatoes Italian Green Beans Breadstick Cheesecake</p>	<p>CDH 2011- 12 26</p> <p>Tacos w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup</p>	<p>CDH 5/11 27</p> <p>Lemon Tilapia Corn Cole Slaw Hush Puppies Cherry Crisp</p>
<p>2011-12 30</p> <p>Cheeseburgers Potato Wedges Tomato, Lettuce Pickles & Onion Melon Medley</p>	<p>2011-15 31</p> <p>Teriyaki Chicken Rice w/ Sugar Snap Peas Stir Fry Vegetables Wheat Roll Strawberries & Bananas</p>			

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00